

Sat 8th 6.00pm Ballon	Lizzie Ann Nolan, Ballon Willie Nolan, Connaberry.
Sun 9th 10.30am Rathoe	John, James & Elizabeth Sweeney
Sun 9th 11.30am Ballon	Stasia O'Neill. Months Mind
Sunday 9th 7.00pm	Ballon Graveyard Mass
Wed 12th 10am Rathoe	
Thurs 11th 10am Ballon	
Sat 15th 6.00pm Ballon	
Sun 16th 10.30am Rathoe	Tom Nolan, Thornhill Mick Nolan, Kilcoole Pat & Willie Sheppard
Sunday 16th 11.30am Ballon	

Templepeter Graveyard Mass—Sunday 30th June at 3pm

Rathoe Graveyard Mass—Sunday 7th July 2019 at 7pm

Annual Collection for the Priests of the Parish.

It takes place this weekend. Please use your special envelope in your box.

Pentecost

Pentecost literally means 50th. It is a feast celebrated on the 50th day after the Passover feast by the Jews, and it is a feast celebrated on the 50th day after the feast of the Resurrection of Jesus by the Christians. The Jewish Pentecost was originally a post-harvest thanksgiving feast. Later, the Jews included in it the remembrance of God's Covenants with Noah after the Deluge and with Moses at Mt. Sinai. Pentecost (Whitsunday), with Christmas and Easter, ranks among the great feasts of Christianity. On Christmas we celebrate the birthday of Christ in His Physical Body. Today is the birthday of the Church, of all those who have been reborn into His Mystical Body.

Collections 2nd June : Offertory €607.45. Weekly Envelopes €476.50. Thank you for your continued support

Ballon GFC Lotto. No Winner. No's 12 – 14 –17 – 19. Lucky Dip Winners. €25: John Murphy, Jnr, Laragh, Donnacha Murphy, Snr, Connaberry, Tara Murphy, Laragh, Joe Doyle, Ballon. Next week's Jackpot €2,300. Next Draw Mon 10th June in Fr. Flood House at 9pm. Tks €2.

RATHOE COMMUNITY CHILDCARE: PRESCHOOL: Now enrolling for free ECCE preschool places for September 2019. **SUMMER CAMP:** Full day summer camp 9am - 4.30pm for first 2 weeks of July. Reduced rates for those in receipt of social welfare and/or medical card, reduction also for siblings. **EGM:** EGM to elect a new committee on Wednesday June 5th at 7.30pm in our centre, all welcome.

Pulsewave Ireland Heart & Artery screening in Carlow next week. The Bpro certified to measure CASP to 99.17% in comparison to an angiogram and as seen on BBC News. As Heart Disease is still the biggest killer in Ireland, we try to make it easy for everyone to be screened. Normal cost of screening is €50 per person, Parish offer €30 per person for that we check your Blood Pressure, Heart Rythm, Casp of heart, arterial flexibility and Blood flow. We can access the risk of heart attack or stroke with a simple non-invasive test. Venue as follows: Wednesday 19th June The Talbot Hotel Carlow .Appointments available from 11am to 8pm daily Call 087-7151623 to make an appointment spaces are limited The Screening is medically approved and each person will receive a detailed printout which they may discuss with their own GP.

Ballon-Rathoe Parish Office

The Old School, Ballon. Phone No: 087 421 3030

Email: ballonrathoeparish@gmail.com

Open Tues, Wed & Thurs 10am –1pm

Items for the newsletter must be in by 5 pm each Wed, they can be phoned in, emailed or put through the letter box.

Fr. Jim O'Connell 086 810 2675 / 059-9180641.

Fr. E. Whelan 059-9159329

Ballon Rathoe Senior Citizens Summer Outing Thurs 11th July 2019, Visiting Lismore Gardens & Art Gallery and other attractions. Limited spaces. Names to any committee member.

RATHOE TRAINING HUB: UPCOMING COURSES IN JUNE: Manual Handling, June 18th, 10am - 1.30pm, €40. Fire Warden Training, June 19th, 10am - 1pm, €40. Hair Techniques at Home, June 26th, 6.30pm - 9.30pm, €20. Mannequin heads will be used to practice a variety of curls and plaits including Dutch braid, fishtail, waterfall braid, perfecting back combing and some simple up styles and down styles. Paediatric First Aid, 22nd June, 9.30 –4.30, €50 Contact 059-9148879 to book or email: info@rathoecommunitychildcare.com. **Coming in September 2019:** QQI Level 5 Health Care Support, QQI Level 5 Childcare, QQI Level 3 Word Processing - for information on these QQI courses, please contact Fiona Dunne in KCETB on 059-9179376 or fdunne@kcetb.ie. Check out our Facebook page for most up to date info

Cuchulainn Rounders Winner of this week's Split the Pot was Paul Dillon, Suncroft winning €84. Next weeks draw will take place on Tuesday 11th June in Joe Doyles Pub. Envelopes on sale, €2 in McAsseys Shop, Siopa Glas, Joe Doyle's & Kavanagh's Pub. Thanks to everyone for their continued support. **U13 Boys & Girls Rounders** training every Tuesday 7.00-8.30pm in Ballon GAA Field. Training for ages 14-18 every Wednesday 7.00-8.30pm in Ballon GAA Field. Well done to our u13 Boys & Girls who competed in U13 Feile Competition on Monday 3rd June in The Heath, Portlaoise. Our u13 Boys having played 4 matches and come through a tough group made it through to the semi final of the Plate competition - a first for our Club in a long number of years but unfortunately were narrowly beaten by The Harps, Laois. Our u13 girls having played 6 very close games made it through to the Shields final coming runners up to a strong Easkey, Co. Sligo. We are holding a Family Fun Table Quiz in Joe Doyles on Sunday 9th June from 2.00-5.00pm : All welcome €5pp

TAX REFUND ON YOUR DONATIONS TO THE PARISH. Total donations must be €250 or greater in the year. We have the added bonus that our government provides us with the opportunity, through the Tax Rebate Scheme, to maximise all charitable donations over €250 in a given year. If you are a taxpayer (PAYE or Self Assessed), under the Scheme of Tax Relief on Donations to Charities, the Parish can claim from Revenue the related tax relief on your donations amounting to an extra 31% if you contribute over €250 to the parish over the course of a year. In order for the Parish to receive the tax relief payment from Revenue, all that is required is for you to complete and sign the Certificate CHY3 available from the Parish Office. The Certificate covers a 5-year period commencing with donations made in 2014.

Ballon Business & Training Service Courses: Smartphone Classes Every Monday in July 10-12pm. Free. **BEYOND BEGINNERS DIGITAL PHOTOGRAPHY** 12th & 13th June 7pm – 9.30pm €60 **TIME FOR ME** Thurs 20th June 10-12pm 6 week holistic health course incl aromatherapy, mindfulness workshop, Indian head massage, mood boosting foods etc €60. **Art Classes** – 13th June 2-4pm at €60. **Sewing classes** 11th June, 9.30 – 12.30pm €50. **Digital Photography** 5th June 7-9.30pm €60.

The gift of fear of the Lord: Do not ride in automobiles: they are responsible for 20% of fatal accidents. Do not stay home: 1% of all accidents occur in home. Do not walk on the streets or sidewalks: 14% of all accidents occur at such times. Do not travel by air, rail, or water: 16% of all accidents happen on planes, trains or boats. Only .001% of all deaths occur in worship services in Church, and these are usually related to previous physical disorders. Hence, the safest place for you to be at any time is in Church!!!