

R.I.P: Pray for Kitty (Catherine) Reddy,
Templepeter, who died during the week.

Fourth Sunday of Lent

**Ballon Mass will be available on our
webcam mcnmedia.ballon.**

Wed & Thurs 10.00am Ballon
Vigil at 6pm and 11.30am Sunday.
Also available on radio **107.6FM**

Daily Mass on RTE News Now at 10.30am each Day

In response to Covid-19-related restrictions on public gatherings, RTÉ will air Mass every weekday at 10.30am from St Eunan's and St Columba's Cathedral, Letterkenny, on **RTE News Now**. The broadcasts will continue at least until 29 March, when current public health measures will be reviewed by the Government. Mass will be followed each day by a short religious message from representatives of Ireland's other faith communities & Christian denominations

COVID-19 Support Line for Older People

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open Monday to Friday, 8am-8pm, by calling 0818 222 024. Hours may be extended to meet the demand

Ballon Business & Training Service—059-9159447.

We at Ballon Business and Training Service are very conscious that many in our community may have been temporarily laid off as a result of business closures due to Covid-19. We have printed and delivered the necessary Social Welfare form to 3 local businesses here in Ballon. If you have been laid off, you can pick up the necessary form in Michael McAsseys, Zerafas Centra or Nolans Spar. If more forms are needed please PM the page or text/call Valerie on 089-4920777 and we will print and deliver more.

The Novelty Bingo organised for Thursday 2nd April for Tullow Day Care Centre is now cancelled till further notice.

COVID-19 is not a punishment sent by God; we know how it started. But God can write straight with crooked lines... so why not take this time of enforced 'social distancing' to take time to reflect on life, its meaning, how I live it, how I interact with others. Lord God, open my eyes to the true meaning of life. Heal me of everything that blocks me from accepting you fully as our loving God and from letting go of all that does not lead to true peace and seeing all as our brothers and sisters too. Amen'

Ballon-Rathoe Parish Office

The Old School, Ballon. Phone No: 087 421 3030

Email: ballonrathoe-parish@gmail.com

Open Tues, Wed & Thurs 10am -1pm

Items for the newsletter must be in by 5 pm each Wed, they can be phoned in, emailed or put through the letter box.

Fr. Jim O'Connell 086 810 2675 / 059-9180641

Fr. E. Whelan 059-9159329

Kildare & Leighlin SAFEGUARDING Designated Liaison Person:

Telephone: 085 8021633. Email: dlp@kandle.ie Safeguarding

Co-ordinator Telephone: 086 1710643 Email:safeguarding@kandle.ie

Local Enquiries. Parish Office @ 087-421 3030

An Act of Spiritual Communion

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

Baptism Candle

Lighted Candle The Paschal candle stands as a sign that Jesus is the light of the world living among us. It was first lit from the fire at the Easter Vigil and is lit at our baptism and at our funeral, encompassing our earthly Christian journey. In baptism, it is used to light the baptismal candle, which is entrusted to parents, the first teachers of faith. As we grow and mature, our calling is to keep the light of faith burning brightly in our lives

Baptism Robe./shawl

Clothing with White Garment In the early Church people took off their old clothes, entered the baptismal pool for baptism and were wrapped in new garments when they emerged – their old way of life was shed for a new way, a new life in Christ. The prayer in today's rite reminds us that through baptism we are a new creation, clothed in Christ. Through baptism we are invited to wrap ourselves in Christ and to live in dignity as children of God.

Taken from Lenten resources are available on

<https://www.kandle.ie/digging-deeper-living-lent/>

I am free of all prejudices, I hate everyone equally. *W.C Fields.*

I'm the only one who has a marriage licence made out to Whom it May Concern.

Ballon Masses are on 107.6FM & mcnmedia.ballon.